

[music playing]

Multiple Speakers:

My Health, My Medicare.

Female Speaker:

Today on My Health, My Medicare meet one of Medicare's top doctors, and learn how the right Medicare prescription drug plan can help you to get on with your plans for a healthy and independent life.

Female Speaker:

Talk with a Medicare policy expert about why Medicare and their partners are working extra hard to reach people who need extra help.

Male Speaker:

Meet the people who field Medicare questions at a local state health insurance program.

Female Speaker:

And learn how someone with Medicare helped create one of Medicare's newest publications.

Female Speaker:

Visit our heart healthy kitchen to get a guilt-free recipe for a side dish that's perfect winter comfort food.

Female Speaker:

All that and more on My Health, My Medicare.